



CHRONIC CONDITION MANAGEMENT

The Sky is not the Limit

Get More from Your Condition Management Program

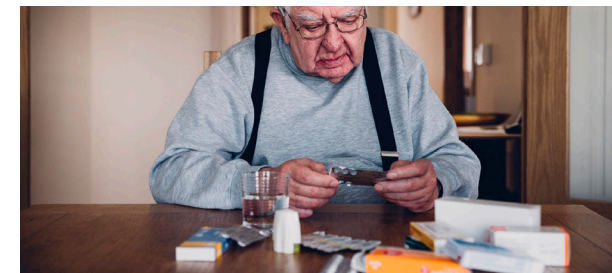
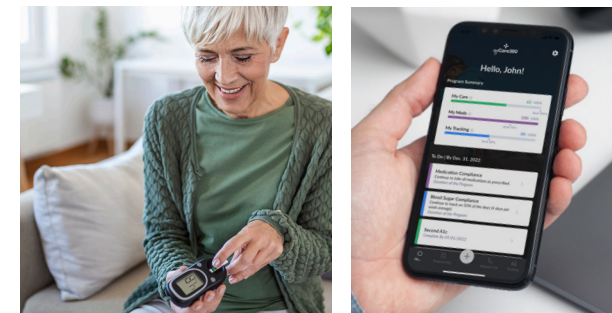
✓ HealthCheck360

Lower healthcare costs with a Chronic Condition Management Program that delivers results that are out of this world.



Your employees are your biggest asset, and your benefits plan is one of your top recruiting and retention tools. So making sure that employees are getting the care and support they need to improve health and live their best lives is critical to the overall success of your company. Over 40% of US adults have a chronic health condition and those people are employees at your company, left to navigate the healthcare industry and their condition alone.

Read on to find out how HealthCheck360's robust condition management program helps you reduce costs and deliver better utilization of your health plan, *without adding more work to your HR team.*



Learn More About:

The Skyrocketing Costs of Chronic Conditions

PAGE

02

Saving 19% Per Member Each Year

PAGE

04

Boosting Engagement by 29%

PAGE

06

Helping Your Members Build Habits That Are Out of This World

PAGE

08

PART 1

THE SKYROCKETING COSTS
OF CHRONIC CONDITIONS

As **healthcare costs** continue to rise, getting to the root of increasing spend is key for employers. For many companies, chronic conditions are a huge driver of their sky-high medical spend.

THE COST OF
CHRONIC
CONDITIONS

Members with
Chronic Conditions cost

2.2X

more than members without

80%

of a company's
Health Plan Spend is
linked to members with
Chronic Conditions

**Chronic Conditions are Causing
Health Plan Spend to Soar**

HealthCheck360's analysis of multiple clients across a wide range of industries shows that 59% of adult members who incur medical claims had at least one chronic condition like diabetes or hypertension. These people accounted for 80% of the company's medical spend. In addition, individuals with a chronic condition cost their company 2.2x more each year than individuals without a chronic condition.

While America's health care crisis is a complex problem, there are actions you can take to reduce costs, while still supporting and advocating for employee health.

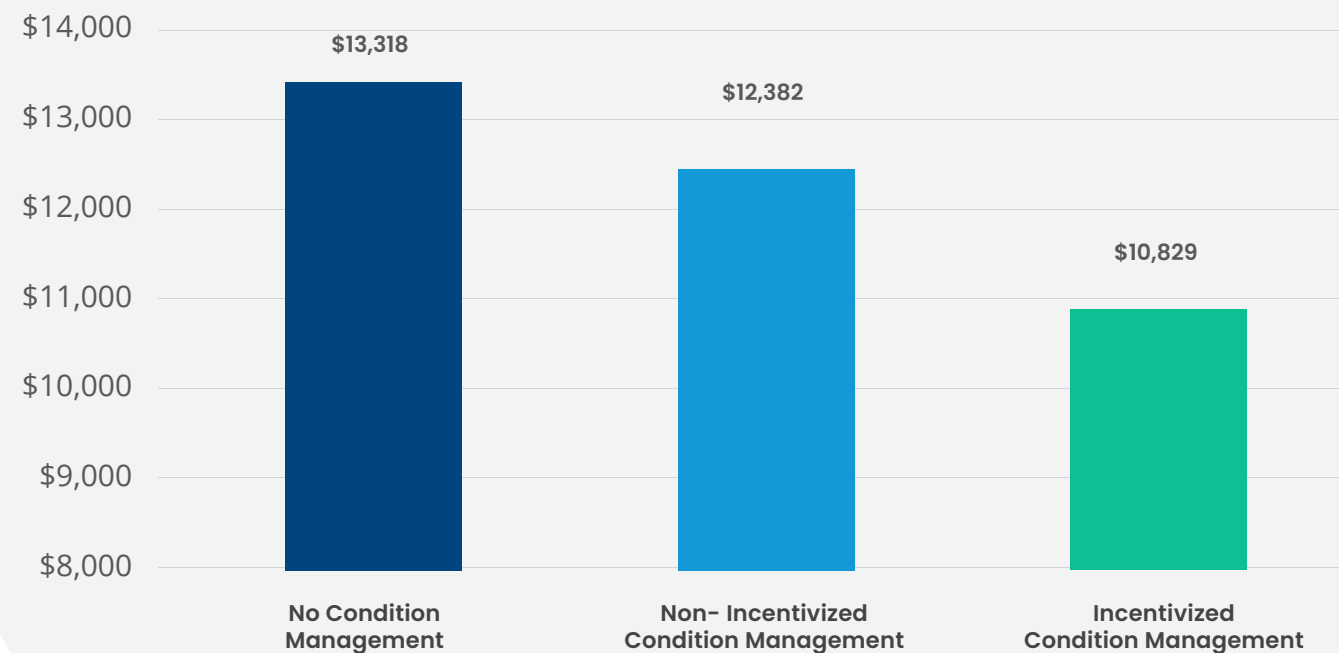
PART 2

LAUNCHING INTO LOWER COSTS

Our program **takes** a different approach than most, combining intuitive technology, strategic enrollment, and customizable incentives to actively engage our clients' highest-risk, highest-cost members. When these individuals take steps to improve their well-being, health plan costs are significantly reduced.

As a **result**, our clients **save 19% in medical spend per participant** enrolled in an incentivized condition management program.

CHART 1 **Reduce Costs by 19% Per Member Each Year with Incentives**
AVG PMPY COST FOR PLAN MEMBERS WITH 1+ CHRONIC HEALTH CONDITION(S)

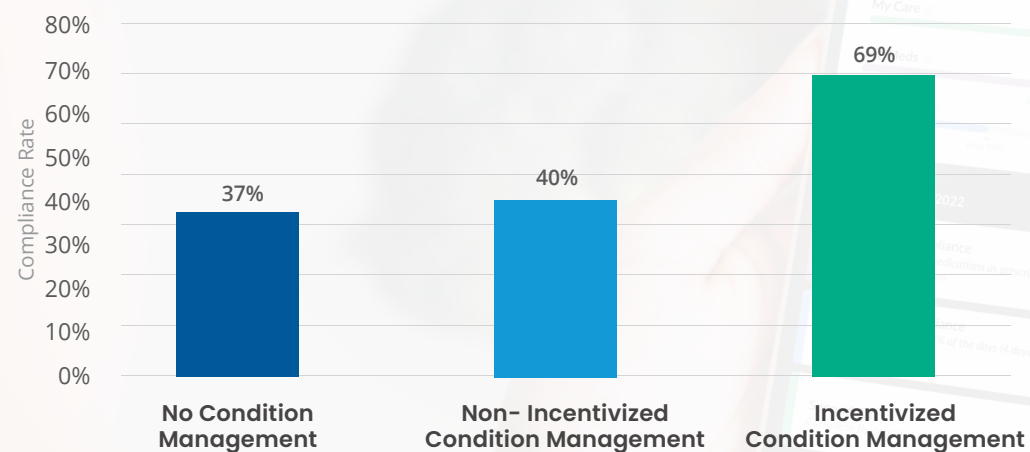


PART 3

BOOST ENGAGEMENT WITH INCENTIVES

Effectively engaging all at-risk employees once they are enrolled is key to the success of a company's condition management program. By providing our clients with flexible incentive solutions, we construct a condition management program that motivates their population to engage.

CHART 2 **Get Higher Engagement with Rewards**
AVERAGE COMPLIANCE RATES

REWARDING
ENGAGEMENT

Incentivized
Condition Management
programs generate

29%

higher engagement than
non-incentivized programs

*Chart 2

Companies save

\$2,490

PMPY for those with a
chronic condition when they
incentivize Condition Management

*Chart 1



Reach New Heights with Flexible Rewards

Based on data from multiple HealthCheck360 clients, *providing employees with rewards for achieving better health increases compliance rates by 29% and saves companies an average of \$2,490 annually per member with a chronic condition.*

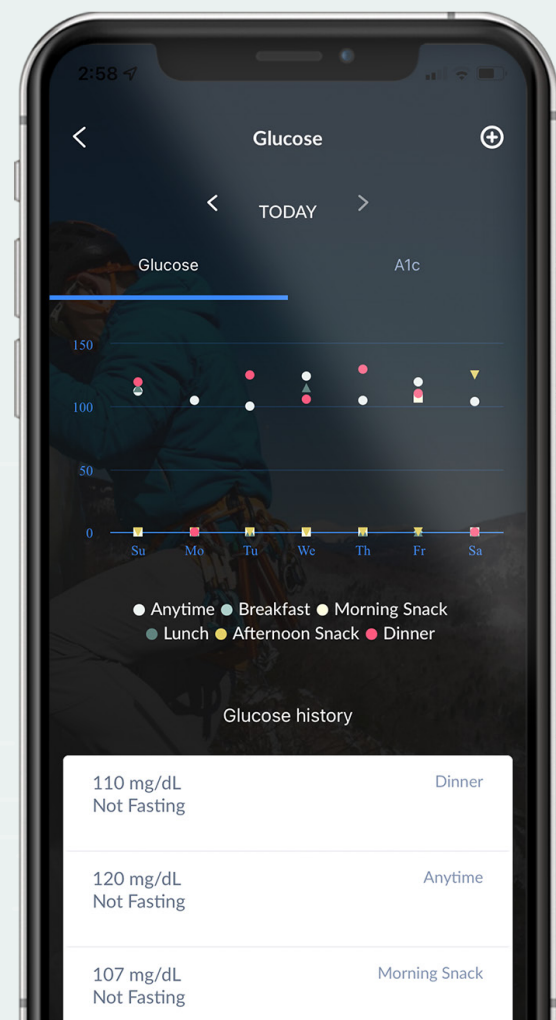
Our clients belong to a diverse range of industries, which means the best incentive structure for each group will depend on their unique culture and business objectives. That's why we make sure our clients have flexibility to offer a variety of rewards like HSA and HRA contributions, insurance discounts, gift cards, and more.

PART 4

BUILD HABITS THAT
ARE OUT OF THIS WORLD

By providing members with the tools, resources, and individualized support they need to better manage their chronic conditions, our clients are helping their employees make life-changing decisions to improve their health.

When companies invest in chronic condition management, they successfully demonstrate care for their population's well-being and boost employee satisfaction, while reducing healthcare costs.

LET YOUR
JOURNEY BEGIN

**Launch your Condition
Management Program today!**

To learn more, get in touch with your HealthCheck360 Representative or visit healthcheck360.com to see how you can lower healthcare costs and improve the health of your population.



800 Main Street | P.O. Box 1475 | Dubuque, IA 52001 | 1.866.511.0360 | www.HealthCheck360.com